



Birmingham Newman University

**BSc (Hons.) Health and Social Care
Programme Handbook
2023-2024**

CECOS College London

Programme Specification

Programme Title	Health and Social Care
Final Award(s):	BSc (Hons) Health and Social Care with Foundation Year
Intermediate Award(s):	Cert of HE in Health and Social Care Dip of HE in Health and Social Care
Awarding Institution(s):	Birmingham Newman University
Teaching Institution(s):	CECOS College London
Site(s) of Delivery:	CECOS College London Stepney Green London, Bradford, Birmingham.
Academic Year of Entry:	2023/24

Welcome Message



We are pleased to welcome you to CECOS and are sure that you will have an enjoyable and rewarding academic experience. This handbook outlines all the key issues you may need to know regarding your BSC (Hons.) Health and Social Care programme here at the College. We pride ourselves in offering high-quality teaching and the student experience at the centre of all we do. The class sizes are small to allow good interaction with the tutors and fellow classmates. Always feel free to ask at reception or any staff if you have any queries or concerns.

Good luck with your studies!

Chris McLean
Interim Principal

CECOS College London

Overview of the Programme

There is an increasing demand for health and social care within the UK and globally and the sector requires competent and knowledgeable contributors to shape it to ensure the best outcomes for all.

The BSc Health and Social Care at Newman intends to develop in students the appropriate knowledge, understanding, skills and values required of them to work, research and continue their studies in this area and other related disciplines. It will provide a range of educational experiences that enable students to work in a wide-ranging fast-moving environment within the UK and internationally. Students will have the opportunity to develop a professional approach to their work with individuals and communities.

Why study this course?

The BSc Health and Social Care at Newman includes a number of strategies designed to develop professional, high quality graduates for the health and social care sector.

- The first year of the course will provide a good foundation to introduce complex concepts of both health and social care and enable the development of a wide range of knowledge and skills to support study at the second and third year.
- You will be supported by experienced highly qualified lecturers with extensive research and knowledge across the health and social care sector.
- You will gain experience in from work experience which will help you link theory and practice.
- Your modules will be focused on a range of skills and knowledge that can be directly applied to working within the health and social care sector.
- For your final dissertation project, you can research a topic that interests you and is relevant to your personal interests or intended future employment.

What does the course cover?

As Health and Social Care is a dynamic area of study, this course covers a range of disciplinary areas. Modules that cover content related to epidemiology, social policy, research methods, public health, anatomy and physiology, clinical skills, safeguarding, and leadership and management are covered in this programme.

To root the course in the sector and to enable students to reflect upon and develop their skillset, there is a work placement module at level 5 and; a range of visiting speakers from the sector and insight days into health and social care throughout the course.

The course seeks to equip students with the skills, knowledge, and confidence to engage in the wide range of issues that shape health and social care in the UK and globally.

How will I be assessed?

The course uses a variety of assessments to help develop a range of different skills from traditional essay and report writing to presentations, digital portfolios, case study analysis tasks and research projects.

Your assessments serve a vital role in helping you gain the skills that you will need in post graduate employment or study.

What careers can I consider?

A wide range of careers are available across several environments such as health and social care in the public, private and third sectors.

The areas covered on this course would be suitable for people considering moving on to gain postgraduate qualifications in nursing, midwifery, social work and occupational therapy.

Graduates from this course could take on leadership and management roles in health or social care and would be capable of working within a multi-agency environment nationally and globally.

The skills and knowledge gained from this course are also transferable to a range of disciplines or employment opportunities.

Learning, Teaching and Assessment Approach of this Programme

The course will align with the University's Academic strategy in a number of ways. Implementing a consistent education philosophy, the BSc. (Hons) Health and Social Care will be underpinned by delivering learning and teaching that:

- Enables greater independence in the learner as the award progresses
- Promotes an evidence-based approach to health and social care
- Demonstrates learning that is theoretical, empirical, personal and ethical
- Contains lead-lectures and discussion groups to explore key issues and theoretical debates
- Develops problem solving skills and challenges current practices through work based projects
- Embeds transferrable employability skills through the consolidation of learning to develop an individualised career pathway
- It recognises that many of our students have differential starting points and through a student support focused approach applies Engstrom and Tinto's (2008) notion that 'access without support is not opportunity'
- The teaching and learning on this course will build a strong expectation about students successful- future-selves and promotes student self-reflection and awareness of their journey throughout the course by creating opportunities for co-creation
- Teaching and learning on the course will utilise the application of 'socio-digital' model of delivery utilising intelligent ICT capabilities through simulation and the use of extended national and local networks for knowledge creation
- Builds on innovative pedagogies such as formative analytics, place based, citizen enquiry approaches to learning and a socio-digital model of participation which will enhance students' networks, support social mobility, promotes confidence-building and belonging through learning opportunities that support the connection of abstract concepts from the classroom and key reading with practical challenges that are grounded in their localities
- Has respect for diversity and inclusion: students from all diverse backgrounds and perspectives be well served by this course, and this diversity will be viewed as a resource, strength and benefit. Learning materials and course activities will be respectful of diversity and inclusion: gender, sexuality, disability, social class, ethnicity, race, and religion and culture.
- Teaching and learning on the course will stretch the boundaries of disciplinary studies by promoting a connected curriculum approach working across programmes, departments and schools and thus promoting inter-/trans-disciplinary

learning (for example, in collaboration with Social Work and Criminology etc)

The range of assessments adopted incorporates constructive alignment make certain each assessment element is mapped clearly to the assessed learning outcomes. Exams have been removed from the course and wide range of assessment types is employed ensuring all students from any background academic or vocational, have the opportunity to succeed, focusing on their strengths and developing new skills. The assessment types will include:

- ☐ Presentations (oral, written, audio-visual, posters)
- ☐ Social media presentations (YouTube videos, podcasts)
- ☐ Formal written reports
- ☐ Essays
- ☐ Simulated tasks
- ☐ Interviews
- ☐ Reflective assessments
- ☐ Portfolio of evidence
- ☐ Campaign planning & action
 - ☐ Independent research project

Structure of this Programme

The core and optional modules delivered on this programme are outlined in the table(s) below.

Level 3			
Core Modules			
Module Code	Module Title	Credit Value	Pre-requisites
FOY001	Education and Society	40	
FOY003	Degree Tutor Group 1	20	
FOY002	Being human in a digital world	40	
FOY004	Degree Tutor Group 2	20	
Intermediate Award:		Foundation	

Level 4			
Core Modules			
Module Code	Module Title	Credit Value	Pre-requisites

	Dimensions of Health and Social Care	20	
	Introduction to Social Policy	20	
	Introduction to Anatomy and Physiology	20	
	Introduction to Research and Evidence-Based Practice	20	
	Sociology of Health	20	
	Anatomy, Physiology and Disease	20	
Intermediate Award:		Certificate	

Level 5			
Core Modules			
Module Code	Module Title	Credit Value	Pre-requisites
	Work Placement	20	
	Social Epidemiology	20	
	Research Perspectives in Health and Social Care	20	
	Understanding Preventive Healthcare	20	
	Applied Health Psychology	20	
	Health Promotion	20	
Intermediate Award:		Diploma	
Level 6			
Core Modules			
Module Code	Module Title	Credit Value	Pre-requisites
	Dissertation	40	
	Safeguarding and Child Protection in Policy and Practice	20	
	Health Interventions across the Lifespan	20	
	Leadership and Management in Health and Social Care	20	
	Social Policy, Commissioning and Provision	20	
Final Award:		BSc (Hons)	

Module Specifications

Year 1 – Level 4

Dimensions of Health and Social Care

20 Credits

(Compulsory)

This module introduces the concepts of health and social care and will explore these broad ranging concepts at individual, community and societal levels. Presenting health as a dynamic term and; the concept of care as a multifarious one, this module will guide students into critical engagement with a range of discipline related issues and case studies. The development of study skills will be an important and integrated feature of this module. It will provide the opportunity for students to establish an approach to learning which assists in promoting analytical thinking, engaged reading and academic writing.

Introduction to Social Policy

20 Credits

(Compulsory)

The module will enable students to explore the historical and contemporary issues in social policy. The module will introduce students to: the theoretical, national, regional and local socio-political perspectives that inform both social policy and the provision of health and social care: and to a range of legislation relevant to the provision of these services. The module will further explore the contemporary emphasis placed upon public and service user involvement.

Introduction to Anatomy and Physiology

20 Credits

(Compulsory)

The module will offer students the opportunity to learn about the structure and function of the human body. The students will explore optimal system functions of the body and will also explore the dietary and lifestyle factors that have been shown to contribute to the healthy functioning of the human body.

Introduction to Research and Evidence-Based Practice

20 Credits

(Compulsory)

The module provides an introduction to quantitative and qualitative research in health and social care. The module also introduces students to how research can be applied to health and social care practice and conducted within contemporary ethical and research governance framework. Students will also develop qualitative data analysis skills. In the module students will critically appraise published literature in quantitative, qualitative and mixed methodological research.

Sociology of Health

20 Credits

(Compulsory)

This introductory module will introduce sociology and the branch of the discipline that explores sociological perspectives of health and illness, within societal, cultural and political contexts. Students will explore how society is structured by looking at the patterns of relationships that exist within it and how these social relationships can influence perspectives of health and illness.

Anatomy, Physiology and Disease

20 Credits

(Compulsory)

This module will offer students the opportunity to learn about common diseases and illnesses. Students will explore the systems of the human body and how they interact. The pathophysiological changes occurring and how they can be associated with common diseases will be outlined. The clinical tests used for monitoring and diagnosis of common diseases will be outlined. The students will explore a range of practical clinical tests used to detect and monitor chronic illness and disease, in order to enhance and promote optimum health.

Year 2 – Level 5

Work Placement

20 Credits

(Compulsory)

This year-long module allows you to engage with a real-world industry that reflects your career aspirations. Supported by tutors, you critically reflect on your passions and skills to be work-ready following your graduation.

Social Epidemiology

20 Credits

(Compulsory)

This module will introduce social epidemiology, exploring the principles of this discipline related to the study of health and social inequalities using current evidence and engaging in current debates. Students will engage in theoretical understandings of how the social environment produces health outcomes, how social phenomena can be measures and how health inequalities can be addressed.

Research Perspectives in Health and Social Care

20 Credits

(Compulsory)

This module intends to offer a more in-depth understanding of quantitative, qualitative and mixed methods research, and prepare students for their Dissertation. The module will widen the appreciation of research in health and social care: debating the role of research within health and social care; exploring the research process, ethics and methods; and increasing knowledge and understanding of quantitative study designs and qualitative methodologies.

Understanding Preventive Healthcare

20 Credits

(Compulsory)

This module will offer students the opportunity to learn about how to prevent illness or diseases in human populations. The prevention, detection, monitoring, containment and treatment of diseases in human populations will be detailed and alternative methods of illness and disease treatment be explored. The students will explore the importance of asepsis in reducing transmission of disease in populations within both the clinical and community settings.

Applied Health Psychology

20 Credits

(Compulsory)

This module will enable students to explore and understand applied health psychology, focusing upon: models of beliefs and behaviours in both healthy individuals and those with illness; mental health; and health psychology across the lifespan. The module will strengthen student understanding of how theory can be applied to practice through the development of a psychometric tool to measure a particular dimension of health.

Health Promotion

20 Credits

(Compulsory)

A broad understanding of the concepts of public health, health improvement, health promotion and health education is essential in the ever-changing policy context. With increasing concern regarding the health society, the ability to influence health and well-being is a vital skill for the practitioner in health and social care. Students will be able to critique and debate theoretical and ethical issues as well as exploring the practical aspects of implementing effective health improvement initiatives. This module will explore creative and innovative ways to convey health messages to individuals and groups.

Dissertation

40 Credits

(Compulsory)

At level 4 students were introduced to basic quantitative research skills. At level 5 students widened their appreciation of research by exploring the research process, ethics, methods, quantitative study design, and qualitative methodologies. This module builds upon this knowledge and understanding of research and students are required to apply this knowledge and, with supervision, develop, conduct and report their own piece of primary research.

Safeguarding and Child Protection in Policy and Practice

20 Credits

(Compulsory)

This module will provide students with the opportunity to explore historical and contemporary concerns that have served to shape policy and practice. Students will explore current legislation and its implications for practice for all those working with the young and vulnerable adults. A clearer understanding will be gained of the different roles and responsibilities of those working in the area of safeguarding. Consideration will be given to the impact that abuse can have on the lives of victims and their families.

Health Interventions across the Lifespan

20 Credits

(Compulsory)

This module will explore and examine a range of health interventions designed to improve overall human health across the lifespan (children, adults and older people). Interventions to prevent disease, treat or reduce the impact of disease and improve the functional movement during recovery from illness/disease will be explored and critically examined. Focus will be on current interventions that have been developed to improve or change one or more major health behaviours (e.g. physical inactivity, poor nutrition, stress, smoking etc). The clustered effects of these behaviours directly account for almost half of overall premature deaths in the UK, therefore, the understanding and application of preventive and therapeutic interventions in Health and Social Care practice is important for practitioners to understand.

Leadership and Management in Health and Social Care

20 Credits

(Compulsory)

This module will provide students with the skills to manage and lead effectively in complex, dynamic and interprofessional/multidisciplinary organisations. Students will critically debate and discuss issues around leadership in healthcare today; styles of management and the

development of management skills to balance innovation and risk in an ever evolving arena; and the management of change necessary to manage issues such as the ageing population and the growth of technology in health and social care today.

Social Policy, Commissioning and Provision

20 Credits

(Compulsory)

At level 4, students were introduced to the socio-political and legislative perspectives of social policy at national, regional and local levels. This module advances students’ knowledge and understanding of social policy through exploring current perspectives, and through examining contemporary processes in the commissioning of health and social care services within a mixed economy and the implications for service provision.

Site of Delivery:	CECOS College London; Stepney Green, Birmingham and Bradford campus	
Teaching Institution:	CECOS College London	
Programme Instance:	Entry Month:	Duration:
Standard Full-Time	September, January	4 years

Award Specific Information
Accreditation by Professional, Statutory and Regulatory Bodies and Link to Approved Apprenticeship Standard
This programme has no award specific regulations.